



ASBESTOS VICTIMS ASSOCIATION
S.A. Inc. Est. 2000

Newsletter

September-October 2011

"There For Our Members Whenever and Wherever They Need Us"

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Welcome to this edition of our newsletter. the year is rapidly passing and the issues continue to surface.

AVA along with others have concerns with these renovator programs on television these days, some of the work practices leave us wondering at times, but our main concern is the lack of warnings of the potential of coming across asbestos during renovations, while they may very well convey the message to the participants they do not give much if any warnings to the viewing public.

We believe the television stations should have a graphic pop up at the start of each episode warning of the dangers of asbestos exposure that may occur in home renovations.

Dust Disease Court

It has been about six months since the new court system was introduced and to date it appears to be working a whole lot better than previously, the cases get dealt with a lot quicker and that is a good thing.

We were told at the start of this new system that a review would be undertaken after six months and AVA will participate in this so we can see for ourselves that it will continue to run smoothly.

Abestos Awareness Workshops

EXECUTIVE COMMITTEE Ava is still working hard doing many community information workshops and we have been pleased with the responses to date in both country and suburban venues.

President
Terry Miller

Asbestos Victims Memorial Ceremony

Vice President
Kat Burge

The last Friday of November is our traditional day for this ceremony and this year it is on the 25th please put this date in your diary, the day is for remembering and reflection on the waste of lives caused by asbestos we invite each and every one of you and your friends to come along, details are on page 3 of this newsletter

Office Manager
Pam Sandys

Membership Reminder

Treasurer
Pam Sandys

We realise that it is very easy to forget in these hectic days, membership dues remain capped at \$10.00 per year and this does help us greatly, particularly with postage.

Chairman
Tony Henstridge

Special thanks to those members who include a donation with their renewal.

Publicity Officer
Tony Henstridge
(Big "T")

Please continue to help us help you.

Something to Ponder?

**A BANK IS A PLACE THAT WILL LEND YOU MONEY,
IF YOU CAN PROVE YOU DON'T NEED IT**

WHYALLA SUB BRANCH**John Arthur reports**

John reports "Our meetings that are held every third Thursday of each month are very well attended, But I would like to see more of our members attend. We put on a lunch at each meeting the ladies bring along a plate and Marlene sets up platters , pies pasties and sausage rolls.

To help supplement our group we have 29 varieties of home made jams, pickles, lemon butter available, so it would be great to see more of our members and friends come in for a chat and have a look at our products."

Meeting Dates:

Third Thursday of each month
21st Oct. 18th Nov. 16th Dec.

Venue:

Shop 5 - 87-89 Essington Lewis Ave, (opposite Foodland)
Whyalla Playford Ph:8645 0555

PORT AUGUSTA SUB BRANCH**Geoff Maul reports**

This year is moving very quickly and, by and large, we at Port Augusta get reasonable attendances at our monthly meetings. We would like to see more people attend and raise any concerns or issues that you may have. These meetings are held for you and, by all means, bring along partners and friends.

If any one knows of any group who would like an asbestos information talk please contact Geoff and he will arrange for this to happen.

Monthly Meetings are held on the FIRST Friday of each month, so come along - **bring your partner and friends.**

Venue Port Augusta Bowling Club, Corner Marryatt & Jervois Street. You can contact Geoff on 8642 2884.
Or Peter Benbow on 8642 2138

Remember Asbestos Awareness Saves Lives**Nanna Shirley's Kitchen****GREEN TOMATO CAKE****INGREDIENTS AND METHOD**

2- 1/2 cups of sugar	1 teaspoon cinnamon
1 cup vegetable oil or shortening	1/2 teaspoon nutmeg
3 eggs	1 cup walnuts
2 teaspoons vanilla	1 cup raisins or sultanas
3 cups of flour	2-1/2 cups diced green tomato
1 teaspoon salt	coconut (optional)
1 teaspoon baking powder	

Preheat oven to 350°. In a mixing bowl, beat sugar, vegetable oil or shortening, eggs and vanilla until creamy.

Sift together the flour, salt, baking powder, cinnamon, and nutmeg

Slowly beat into egg mixture.

Blend well, stir in walnuts raisins/sultana and tomatoes

Pour into a greased 9 x 13 inch pan (23cm x 33cm)

Top with coconut if desired

Bake for 1 hour, or until tooth pick inserted in centre of cake comes out clean.



KATZ_KORNER

Volunteers, where would we be without them? I know through personal experience, few weeks back when I was sick and had to have 10 days off and people came in and covered for me every day.

We manage with skeleton staff who all give up their valuable time, whether it is in the office or on the road or doing our home and hospital visits every little bit helps and we have built up such a network of caring people.

BUT, yes there is always a BUT. WE could do with more volunteers whether it be that you are hands or just willing to spread the word and help save lives. You don't need to put your hand in your pocket, as expenses will be covered, thank you to many kind sponsors.

You may think you might not be good at what we do

you would be surprised how interesting it is just learning. Hey I didn't even know Asbestos was dangerous 9 years but sure do now.

We especially need some help to set up our crosses etc for Memorial Day on the 25th November 2011 and to put things away afterwards.

Please call me on 8212 6008 any day any time.

AVA is on Face Book, we are also on SKYPE which is a free video link. all you need is a cam and a mic on your PC.

REMEMBER - "ASBESTOS IS DEADLY SERIOUS"

DATES TO REMEMBER



YOUR SOCIAL MORNINGS

These mornings are held in our rooms at Level 3 60 Waymouth Street Adelaide on the SECOND Wednesday of every month, starting at 10am, but early birds are welcome and you can stay as long or as little as suits you.

They are not formal meetings so that gives each of you an opportunity to meet with and talk to others who may be in a similar situation. Remember you are not alone

Dates for 2011 Social Mornings

October 12th, November 9th, December 14th.

Please Put This IMPORTANT Date in Your Diary NOW

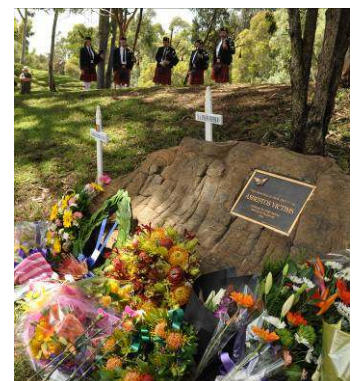
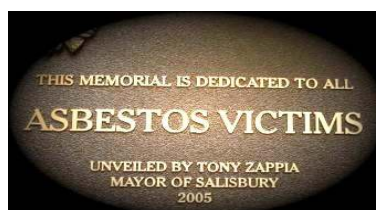
Asbestos Victims Memorial Day

DATE: Friday November 25th 2011

VENUE: Pitman Park SALISBURY

TIME: 10:30 am to 11:30 am

Speakers TBA





PAM's CORNER

Pam is currently overseas and judging from her e-mails she is having an enjoyable time she is visiting places like London, France, Germany, Holland, Venice, Italy, Dubai
Pam is also checking out any asbestos around the place and we are sure she will have found plenty if she gets of the beaten tracks

LATE NEWS

Our sympathies go out to Pam, we have been alerted that Pam took a tumble in Venice and has ended up in hospital with a broken hip at this time we are unsure what happens from here but I'm sure everyone who has met Pam wishes her all the best and a speedy recovery

Pam has asked to include a picture or two of some original paintings



Old Abandoned
Truck



River Boat

"ETONA"



These framed pictures have been painted by Les West AVA's resident Poet, and are available for purchase with proceeds going to AVA's ongoing expenses.
Please contact the office for details of prices etc.

AVA THANKS THE FOLLOWING MAJOR SPONSORS & SUPPORTERS

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