



**ASBESTOS VICTIMS ASSOCIATION
(SA) INC Est. 2000**

Newsletter

MAY_JUNE 2010

"There For Our Members Whenever and Wherever They Need Us"

Dear Members

Office Location

Level 3
60 Weymouth Street
Adelaide SA

Postal Address

PO Box 4066
Elizabeth South
SA 5112

Tel: (08) 8212 6008
Fax: (08) 8212 7008
Mobile 0418 807 834
Country Callers:
1800 665 395

Email:
ava-sa@bigpond.net.au

Web Site:
<http://www.avasa.asn.au>

In our last newsletter we wrote of CSR and the Federal Court decision to block the proposed demerger of CSR's sugar business. CSR appealed the decision and a FULL bench of the Federal Court has upheld an appeal by CSR over its planned demerger but left open the prospect of further legal challenges to the demerger on asbestos compensation concerns.

The decision means CSR can hold a shareholder vote on the demerger but could face another fight when its scheme of arrangement returns, as required under the Corporations Act, to the Federal Court for approval after the shareholder meeting.

The judgment also said CSR's opponents, who argue that the demerger poses unacceptable risk that there will be insufficient funds to compensate sufferers of asbestos diseases, could bring their own legal action to stop it.

AVA along with other groups from Qld. Vic. and NSW were given an information meeting by CSR in mid May and at this stage we are not totally happy.

CSR are producing an information booklet for their share holders due sometime near the end of June so it is hoped that CSR will again offer the groups more information .

We will keep members informed as things proceed.

ASBESTOS AWARENESS INFORMATION

EXECUTIVE COMMITTEE

President
Terry Miller

Vice President
Kat Burge

Office Manager
Pam Sandys

Treasurer
Pam Sandys

Chairman
Tony Henstridge

Publicity Officer
Tony Henstridge
(Big "T")

AVA has had a particularly busy few months with many information sessions being presented in both suburban and country areas. We have travelled many miles and have had quite interesting comments at times, ranging from "did not realise that had asbestos in it" to a more concerning comment "there's nothing wrong with asbestos I worked with it years ago and I'm ok".

We explain we are trying to make people aware of its dangers but we are not trying to frighten people. We also tell people it is only a relatively small percentage of these people exposed to asbestos fibre that actually suffer from a related disease.

Overall the responses have been very encouraging and in particular the response from younger people, also we have been contacted by some community groups inviting us to present an info session for their group

MEMBERSHIP

It is that time of the year again membership is due 1st of JULY each year the dues are still \$10.00 per year so PLEASE continue to help us so that we can continue to help you

SOMETHING TO PONDER

Everybody has a Photographic Memory; Some just don't have FILM

WHYALLA SUB BRANCH**John Arthur reports**

Meetings are held on the third Thursday of each month.

The address of our new office is Shop 5, 87 - 89 Essington Lewis Ave., Whyalla Playford SA.5600.

The date we open the new office will be in the local paper. The new Office is much larger, and no one will have to stand out on the foot path anymore. Thank you to the Whyalla City Council who gave us a grant to buy a new computer
Our Mothers Day raffle went quite well. Our next raffle will be at Xmas.

As a fund raiser we sell home made jams and pickles, (They must be good Marlene and I make them).

Cheers For Now

John

PORT AUGUSTA SUB BRANCH**Geoff Maul (is on a bowls holiday)**

Things have been fairly quiet this past month although we have had a number of enquiries At our last monthly meeting we had reasonable attendances. But we would like to see more people attend and raise any concerns or issues that you may have. These meetings are held for you to express any concerns that you may have. Our meetings are held the first Friday of each month from February thru to December inclusive. and start at 10am.

Venue: Port Augusta Bowling Club, Corner Marryatt & Jervois Street.

Peter Benbow on 8642 2138

**KATZ KORNER****What are the Early Warning Symptoms?**

Contact your doctor immediately if you experience any of the following symptoms:

- Persistent pain in the lower back, shoulder, or chest wall
- Shortness of breath
- Appearance of lump or mass on chest wall
- New onset of persistent dry cough
- Coughing up blood
- Persisting loss of energy, fatigue or anemia
- Losing weight for no apparent reason
- Onset of hoarseness or a change in voice
- Persistent swelling of face and/or arms
- Muscle weakness
- Abdominal pain and or distention
- Nausea and or vomiting

Fluid in the abdominal cavity or in the chest lining

Important Notice: AVA does not make medical diagnosis, recommend treatment, or answer specific patient questions. Specific concerns should be addressed directly with your Respiratory physician.

What are or have been High Risk Occupations?

Occupations with a high risk of asbestos exposure include, but are not limited to, the following:

- Workers involved in the manufacture of asbestos products
- Asbestos mining and milling
- Construction trades (including insulators, sheet metal workers, electricians, plumbers, pipe fitters, and carpenters)
- Power plant workers
- Boilermakers
- Shipyard workers
- Firefighters
- Teachers
- Veterans
- Home renovators



We participated in Workers' Memorial Day ceremony at St Stephens Lutheran Church, 28/4/2010. Thanks again to Andrea Madeley.



AVA's candles and photos



Terry speaking



Sky full of blue memorial balloons

Following the ceremony, some of us walked to Victoria Square for the Rally (despite the rain, many attended).



Terry addressing the rally



Andrea Madeley speaking



Some of the many workers

At the invitation of SafeWork SA and the NSW Cancer Institute we attended the launch of the Mesothelioma Register at the Bernie Banton Centre - Institute for Asbestos Research, located at Concord Hospital, Sydney



Asbestos Victim groups from around Australia, with NSW Premier Kristina Keneally.



Julia Gillard launched the Register

After the launch, we attended a forum where we were able to make suggestions for improving the collection of data.

DATES TO REMEMBER

PLEASE renew your MEMBERSHIP with us due st JULY 2010

YOUR SOCIAL MORNINGS



These mornings are held in our rooms at Level 3 60 Waymouth Street Adelaide on the SECOND Wednesday of every month.

They are not a formal meeting and it gives each of you an opportunity to meet with and talk to others who maybe in a similar situation. Remember you are not alone.



14th July 11th August 8th September 13th October 10th November 8th December.

While we usually start by 10am, early-birds are welcome, as are late-starters.

Please Put This IMPORTANT Date in Your Diary NOW

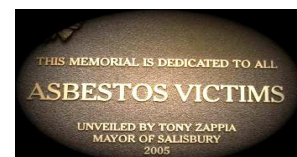
Asbestos Victims Memorial Day

DATE: Friday November 26th 2010

VENUE: Pitman Park SALISBURY

TIME: 10:30 am to 11:30 am

Speakers TBA



**BIG "T"**

Hello everybody, this time Terry has allowed me to enter a small piece into our Newsletter. As previously reported, AVA has been presenting awareness displays at various locations. During May myself, my wife Kay and Pam travelled to the Broken Hill Agfair, held on the racecourse over two days and attended by a few thousand people. While there, I was asked to give a small interview on the wireless and this helped get people to the display, with plenty of questions and interest from those who stopped and talked to us, showing surprise when they read the info sheet which listed where asbestos could be found in the Home.

Questions came from all age groups; lots of young couples had queries of what to look for and what to expect in renovating old properties. School children asked what Asbestos was, where it came from and how it became fibre. These displays and information sessions are really bringing people to look at Asbestos In a far more serious way and not to be complacent about it.

If you belong to a group of any type check if they might be interested in having us at a meeting to give a small Awareness talk. The information we have can help all age groups, but especially children who have no knowledge of Asbestos and could be exposed as they grow older.

Big T

**NANNA Shirley's KITCHEN****DRIED FRUIT TRUFFLES****INGREDIENTS**

3/4 cup dried apricots
1/4 cup pitted prunes
1/2 cup sultanas
1/2 cup pitted dates

1/2 cup coconut
1/2 cup skim milk powder
1 tablespoon lemon juice

METHOD

- 1 Chop all fruit finely and firmly mix together
- 2 Pour over 1/4 cup boiling water and set aside for 10 mins or until liquid has been absorbed
- 3 Add milk powder, coconut and lemon juice. Mix well
- 4 Divide into walnut sizes
- 5 Roll in coconut
- 6 Place on tray and refrigerate until firm
- 7 You can freeze them until you're ready to use

24 serves

AVA THANKS THE FOLLOWING MAJOR SPONSORS & SUPPORTERS

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