



ASBESTOS VICTIMS ASSOCIATION
S.A. INC **Est. 2000**

Newsletter

DECEMBER 2010

"There For Our Members Whenever and Wherever They Need Us"

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Pam Sandys

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Tony Henstridge

Publicity Officer

Tony Henstridge
(Big "T")

Dear Members

This past year has been quite busy for us, with info seminars and quite a number of new members. Sadly again this year we have lost too many of our members and our condolences are extended to the families and friends.

2010 has almost gone and it has been a very full year for AVA. We have been doing many regional and suburban visits, including SafeWork week. It is encouraging that we are getting the awareness message out into the broader community through many community groups inviting us to give information at their meetings.

On Friday 26th November we held our annual Asbestos Victims Memorial Ceremony at Pitman Park Salisbury. Again, it was an emotional day but went very well. Premier and long time patron Mike Rann placed a floral tribute. Minister Paul Holloway and Salisbury Mayor Gillian Aldridge along with AVA patron Tony Zappia MP and the Leader of the Opposition Isobel Redmond were amongst other dignitaries to place floral tributes and, of course, so did the many families and friends of victims.

Asbestos Claims In the District Court

AVA has been concerned for some time at the length of time it takes to get hearing dates for claims to be heard in the District Court, and we have written to the Attorney General Dept. It has been announced by the Attorney General John Rau that, amongst some other cases, dust cases will be transferred to the Industrial Court. Industrial Relations Minister Paul Holloway has announced that this will take place from January 31st 2011. In part the Minister said "this arrangement will help the need for dust disease actions to be dealt with expeditiously, especially when an urgent hearing is required"

The changes appear to have benefits but AVA along with Asbestos Coalition have requested a meeting with the Govt to get a better idea of how it will all work.

Mr Holloway also acknowledged the 10th anniversary of the Asbestos Victims Association, a "key lobby and support group which campaigns in favour of legislative reform that provide a better deal for victims and their families"

AVA will continue to act in the best interests of all asbestos victims and their families.

Something to Ponder?

WHAT HAPPENS TO YOU IF YOU GET SCARED HALF TO DEATHTWICE?





WHYALLA SUB BRANCH

John Arthur reports

John reports that the Memorial Ceremony for Asbestos Victims was held at Mount Laura Homestead Museum, Whyalla, on Friday 26th Nov. Norma Matters from the Uniting Church delivered the service and did a great job, much appreciated by the 50 plus people at the service.

The Service was also addressed by Whyalla City Mayor Jim Pollock and Councillor Eddie Hughes, also Geoff Maul from Port Augusta. Amongst the many locals, there were people from both Port Augusta and Adelaide.

A sausage sizzle with tea ,coffee, cakes and drinks followed the service everyone congratulated us on the service when it was over.

Meeting Dates:

Third Thursday of each month
16th December 2010

Venue:

Shop 5 87-89 Essington Lewis Ave,
Whyalla Playford Ph:8645 0555



PORT AUGUSTA SUB BRANCH

Geoff Maul reports

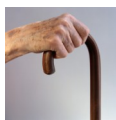
This year has gone very quickly, and by and large we at Port Augusta had reasonable attendances at our monthly meetings. We would like to see more people attend and raise any concerns or issues that you may have. These meetings are held for you and, by all means, bring along partners and friends, Our meetings are held the first Friday of each month from February thru to December inclusive, starting at 10am.

Venue:

Port Augusta Bowling Club, Corner Marryatt & Jervois Street. You can contact Geoff on 8642 2884.

BIG "T"

Hello Everybody



As we all realize the year has again moved so fast and, as Kay and I have been away during the cold months I haven't had any input. I would like to let you know that we have been attending many regional areas and suburban community group meetings, along with Disability Expos throughout the year displaying photos, giving away literature and answering lots of Questions on Asbestos Awareness and the safe handling of the product (asbestos containing materials).

This is very good as we are now helping a greater variety of life styles and find the younger generation is beginning to understand the problems facing them in the years ahead. We are now in the midst of planning more sessions for 2011.

If you know of any club or association interested in an information seminar please let us know.

Well, time to go, so on behalf of Kay and myself I wish you all a Merry Xmas and a Happy New Year, Big 'T.



Nanna Shirley's Kitchen

Fruit Balls

375 gm Mixed Fruit, 1 Tin Condensed Milk, 1 Cup Coconut Mix Together

Roll Little Balls into 3/4 cup of coconut. Bake for 15 minutes @ 180c or just golden brown on top

Leave to cool then Refrigerate

FISH FINGERS

Macadamia Nuts , Cashew Nuts Crushed (not salted). Salt, Pepper, Finely chopped Parsley, Lemon Rind

Cut fish into finger size and roll in the above ingredients, Fry in **VERY** little oil until crispy

Ideal fish: Barramundi, Salmon, Flathead



We are currently looking at how to freshen up our web site and we ask you our members if there is anything you would like to see on it? Do you have any suggestions? Let us know. We have had a few ideas put forward so far. We are also inviting anyone who has lost a loved one or friend to asbestos related diseases and would like them remembered on our tribute page on the web site to contact us and we will arrange for that to happen. We do NOT ask any payment for this as we consider it to be a tribute in memory of victims. We will also put a named cross at our memorial ceremony each year.



KATZ_KORNER



I would like say a big thank you to Big "T" and Chris Broxholme for making the memorial crosses. Chris began making them in 2005 and "T" took over in 2009 as Chris's health was failing. Here we have some photos of "T" actually doing some work, obviously being supervised by his lovely wife Kay. I hope everyone has a Happy and Safe Christmas and thank you for all the help and support over the year because without this we could not exist.



We wonder how many times he HIT the fingers?

REMEMBER - "ASBESTOS IS DEADLY SERIOUS"

DATES TO REMEMBER

YOUR SOCIAL MORNINGS



These mornings are held in our rooms at Level 3 60 Waymouth Street Adelaide on the SECOND Wednesday of every month, starting at 10am, but early birds are welcome and you can stay as long or as little as suits you.

They are not formal meetings so that gives each of you an opportunity to meet with and talk to others who maybe in a similar situation. Remember you are not alone

Dates for 2011 Social Mornings

January 12th February 9th, March 9th, April 13th, May 11th, June 8th, July 13th, August 10th, September 14th, October 12th, November 9th, December 14th.

Please Put This IMPORTANT Date in Your Diary NOW



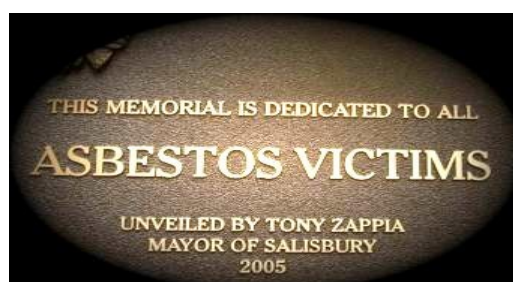
Asbestos Victims Memorial Day

DATE: Friday November 25th 2011

VENUE: Pitman Park SALISBURY

TIME: 10:30 am to 11:30 am

Speakers TBA



**PAM's CORNER****Wishing everyone Christmas Peace and Joy**

Our Memorial Day 2010 coincided with AVA's 10th anniversary. Speakers reminded us of the many milestones along the way, as they listed concerns which still trouble us all about the ongoing existence of asbestos in our neighbourhoods. Families and friends were there remembering their loved-ones and placing flowers at the memorial stone or beside a relevant cross.

MOURN NOT

Les West read his very moving poem, "Mourn Not", watched by Nichola of Salisbury Council. We could not manage Memorial Day without the considerable assistance given by the Council.

I want you not to mourn for me,
For now I'm whole and running free,
Just think of all the fun we had,
And please, please do not be sad.

I have a peace within my soul,
For now my body is whole,
No more do I fight for breath,
Nor is there any fear of death,

She came quietly in the night,
To go along I knew was right,
My last breath a thankful sigh,
My earthly life now passed by.

Where I am You cannot be,
But one day you'll be with me,
Once again you'll see my face.
Greet me with a warm embrace.

I'm with friends from long ago,
Where rivers of love softly flow,
And the air is pure and clean,
Nothing nasty or obscene.

I had to leave the ones I love,
And come to this place here above,
But shed no tears my dear friends,
For this new life never ends.

Course' I never meant to leave,
I didn't want you folk to grieve,
Yet now I'm here all is well
And here I'll for ever dwell.

From here I watch you all below,
And all your kind thoughts I know,
I see you all gathered there,
Can feel your love and your care.

I hear your words and feel your pain,
But rest assured we'll meet again,
No! Our parting is not the end,
For one day you will all transcend.

To be with me in this place,
And feel God's love and His grace,
Once more we'll walk hand in hand,
In this glorious wonderland.



Sadly, every year there are more crosses at Memorial Day.



The Pipers gave very sensitive renditions of Amazing Grace and Highland Cathedral.



Kat laid AVA's floral tribute on behalf of all asbestos victims.

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